



**GREEN RIVER DISTRICT HEALTH DEPARTMENT**

**PROGRAM BOOKLET**

**1501 BRECKENRIDGE STREET**

**P. O. BOX 309**

**OWENSBORO, KY 42302-0309**

[www.healthdepartment.org](http://www.healthdepartment.org)

<https://twitter.com/GRDHD>

[http://www.facebook.com/pages/Green River District Health  
Department/120594961318625](http://www.facebook.com/pages/Green-River-District-Health-Department/120594961318625)

**August 2011**

# TABLE OF CONTENTS



	1
MISSION STATEMENT .....	4
HIERARCHY OF PUBLIC HEALTH .....	5
GREEN RIVER DISTRICT HEALTH DEPARTMENT HISTORY .....	6
MESSAGE FROM THE DIRECTOR .....	7
GREEN RIVER DISTRICT HEALTH LOCATIONS .....	8
GREEN RIVER DISTRICT HEALTH DEPARTMENT ORGANIZATIONAL CHART .....	9
GREEN RIVER DISTRICT BOARD OF HEALTH .....	10
DAVIESS COUNTY BOARD OF HEALTH .....	12
HANCOCK COUNTY BOARD OF HEALTH .....	13
HENDERSON COUNTY BOARD OF HEALTH .....	14
MCLEAN COUNTY BOARD OF HEALTH .....	15
OHIO COUNTY BOARD OF HEALTH .....	16
UNION COUNTY BOARD OF HEALTH .....	17
WEBSTER COUNTY BOARD OF HEALTH .....	18
BREASTFEEDING .....	19
BREASTFEEDING – CONTINUED .....	20
BUILDING STRONGER FAMILIES .....	21
CARDIOVASCULAR HEALTH .....	22
CHILD CARE HEALTH CONSULTATION .....	23
CLINICAL SERVICES AND PROGRAMS .....	24
COMPASSIONATE CARE ADULT DAY CARE SERVICES (ADC) .....	26
DAVIESS COUNTY COMMUNITY ACCESS PROJECT .....	27
(DC-CAP) .....	27
DIABETES .....	28
ENVIRONMENTAL SERVICES OUTLINE .....	30
(ATTACHMENT A) .....	31
COMMUNITY SANITATION .....	31

(ATTACHMENT B) .....	32
FACILITIES SANITATION .....	32
(ATTACHMENT C) .....	33
FOOD SAFETY INSPECTIONS .....	33
(ATTACHMENT D) .....	34
LEAD POISONING PREVENTION .....	34
(ATTACHMENT E) .....	35
ON-SITE SEWAGE DISPOSAL .....	35
(ATTACHMENT F).....	36
RABIES PREVENTION .....	36
<b>EPI RAPID RESPONSE TEAM .....</b>	<b>37</b>
<b>EPIDEMIOLOGY .....</b>	<b>38</b>
<b>EPSDT THERAPY (EARLY AND PERIODIC SCREENING DIAGNOSTIC &amp; TREATMENT)</b> <b>.....</b>	<b>39</b>
<b>FIRST STEPS .....</b>	<b>42</b>
<b>(KENTUCKY EARLY INTERVENTION SERVICES).....</b>	<b>42</b>
<b>POINT OF ENTRY .....</b>	<b>42</b>
<b>GENETICS TESTING.....</b>	<b>43</b>
<b>H.A.N.D.S. PROGRAM .....</b>	<b>44</b>
<b>HOME HEALTH PROGRAM .....</b>	<b>45</b>
<b>MEDICAL RESERVE CORPS.....</b>	<b>46</b>
<b>NUTRITION SERVICES .....</b>	<b>48</b>
<b>PERINATAL .....</b>	<b>49</b>
<b>PHYSICAL ACTIVITY .....</b>	<b>50</b>
<b>PHYSICAL ACTIVITY - CONTINUED .....</b>	<b>51</b>
<b>PREPAREDNESS PLANNING .....</b>	<b>52</b>
<b>SCHOOL HEALTH .....</b>	<b>54</b>
<b>SOCIAL SERVICES.....</b>	<b>55</b>
<b>TOBACCO CONTROL .....</b>	<b>56</b>
<b>TUBERCULOSIS (TB) .....</b>	<b>58</b>
<b>VITAL RECORDS .....</b>	<b>59</b>
<b>WIC (WOMEN, INFANTS &amp; CHILDREN SUPPLEMENTAL FOOD PROGRAM).....</b>	<b>60</b>
<b>DISCLAIMER .....</b>	<b>61</b>

## Mission Statement

---

**“To promote, protect and enhance the health and well-being of the public.”**

Our focus is, therefore, to develop and maintain healthy habits and lifestyles within all of our communities and to ensure that our citizenry is protected through environmentally safe surroundings.

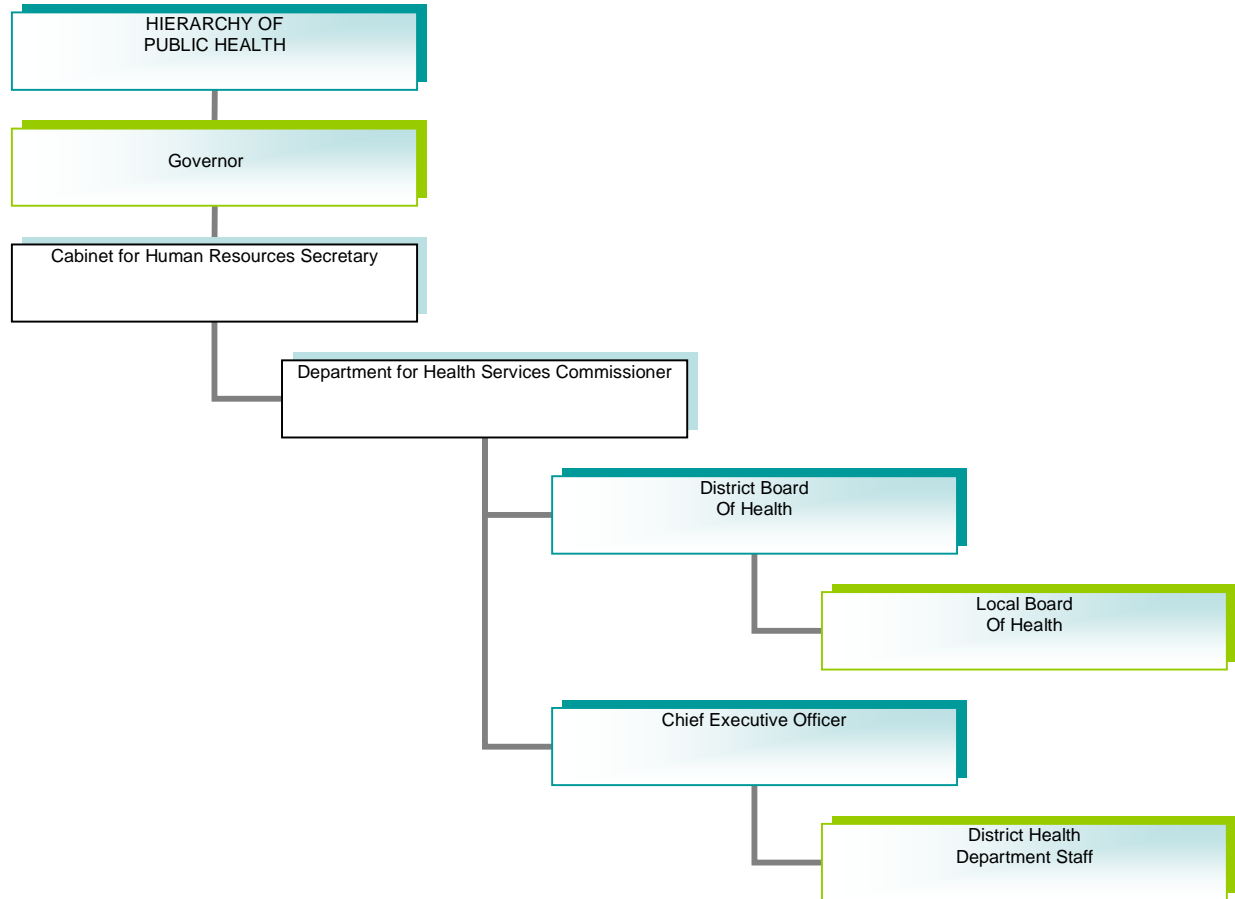
The Board of Health for the Green River District Health Department has the ten (10) essential public health services as developed by James A. Harrell, Office of Disease Prevention and Health Promotion, Washington D.C.; Edward Baker, MD, MPH, Centers for Disease Control and Prevention, Atlanta, Georgia; and the Essential Services Work Group:

- Monitor Health status
- Inform and empower people
- Develop policies and plans
- Link people to health services
- Evaluate quality
- Diagnose health problems(in the context of community health)
- Mobilize community partnerships
- Enforce laws and regulations
- Assure a competent workforce
- Research for new insights

With these goals in mind, the Department must be vigilant in its efforts to identify all the elements within our communities which may threaten the health of its populace. It must rank these threats, establish a system of changing priorities, and engage Departmental and community resources to reduce health concerns which have workable solutions.

With equal fervor, the Department must work to identify and define the positive life influences which exist within our communities. It must educate the populace to an awareness of these influences and be a leader in motivating others to desire the positive effects which these influences can have on their lives.

# Hierarchy of Public Health



## Department for Health Services Commissioner

1. Regulatory
2. Technical Assistance
3. Allocation of State Funds
4. Conduit of Federal Funds
5. Program Scope and Standards

## Local Boards of Health

KRS 212.850, KRS 212.920

All powers transferred to the District Board except:  
Local Boards retain trusteeship of County public tax fund.

## Chief Executive Officer

KRS 212.870, KRS 212.880, KRS 212.900

1. Employs and fixes the compensation for all district employees.
2. Functions as Chief Administrative Officer of the District Health Department.
3. Acts as Secretary to the District Board of Health.
4. Administers and enforces public health laws.
5. With the advice of the District Board of Health, establishes and executes policies, plans and programs to safeguard the health of the people.
6. Prepares statistical studies and reports relating to the activities of the Department required or deemed expedient.

## District Board of Health

KRS 212.230

1. Appoints Chief Executive Officer
2. Holds meetings every 3 months.
3. Adopts regulations necessary to protect the health of the people
4. Acts in a general advisory capacity to the Executive Officer on matters relating to the Department.
5. Hears and decides appeals from rulings, decisions, and actions of the Chief Executive Officer.
6. Performs all other functions necessary to carry out provisions of law.

# Green River District Health Department History

---

The district health department concept evolved in the state of Kentucky in the early 1970's. Shortly before that time a number of federal programs were developed which made available to state agencies large sums of federal grant monies. These programs, however, required a number of highly-trained support personnel, including physicians, dietitians, nutritionists, social workers, nurse practitioners, health educators, and others which only two or three county health departments in the state could afford.

At that point in time, most county health department personnel consisted of a full-time clerk/registrar, a nurse and a sanitarian, both of whom were only part-time in some counties. The scope of services was very limited, consisting mostly of inspections of food establishments and a few other sanitarian responsibilities, immunizations, and occasional visit of the nurse to schools to do hearing and vision screenings, teeth checks, checks for lice, and a few other simple exams. Additionally, many counties had difficulties obtaining and maintaining employment of a nurse and sanitarian.

Nationally, there were gross inequities in the availability of medical care, even though the United States spent more on health care than any nation in the world, and even though the physician to patient ratio was better than or compared favorably to other countries. There were also inequities between urban and rural populations, and the poor certainly fared far worse on nearly every health index. In the 1960's the federal government expanded its role in health care in an effort to improve the delivery and financing of health care. Among programs developed were Medicare, Medicaid, regional medical programs, comprehensive health planning, and various maternity and infant care programs.

At the state level in the early 1970's, the idea was developed of counties banding together, pooling their resources, and sharing expensive support personnel. Thus, the district concept for local health department was born. After becoming eligible for federal funds, health departments were then able to develop, in areas where there were gross deficiencies in health care delivery, comprehensive plans, including acute care programs such as, prenatal, WIC, nutritional treatment, family planning, etc.

The Green River District Health Department was one of the first district health departments formed. It was established on July 1, 1974, and consisted of the counties of Daviess, Hancock, Henderson, McLean, Ohio, Union and Webster. This district has the most comprehensive programs in the state and according to state statistics has one of the most productive programs in the state with an administrative cost 30 percent lower than the state average.

The following pages contain an overview of the District medical, environmental, and aging services. All of these programs are available in each of the seven counties within the District. Additional information may be obtained by contacting the Green River District Health Department, P.O. Box 309, 1501 Breckenridge Street, Owensboro 42302 (270) 686-7747, or your local county health center.

## Message from the Director

---

***“To improve the quality of life by promoting, protecting and enhancing the health and well being of the public.”***

Programs offered by public health are offered for a variety of reasons. Some programs are mandated by state law or regulation; others are offered to help meet a need in the region or community; and others driven by state or federal funding. Regardless of the underlying reasons to offer particular programs, all programs offered by the Green River District Health Department tie into the mission of the agency as quoted above. You'll find we meet our mission by the programs outlined in this booklet.

### ***Promote...***

Programs that promote health include Physical Activity, Nutrition Services, Women, Infants and Children (WIC), Tobacco Cessation, Diabetes Prevention and Control, Breastfeeding Promotion and Healthy Start!

### ***Protect...***

Services such as Communicable Disease Control, Environmental Services and Disaster Preparedness protect the public by investigating violations and outbreaks and preparing communities to meet the challenge of potential life threatening situations.

### ***Enhance...***

Home visitation programs such as HANDS and Home Health offer in-home support services to clients and families while DC-CAP looks to improving access to health care for qualifying individuals.

These are just a few examples of the programs offered by the Green River District Health Department in an effort to address the many health issues affecting our communities. In addition, clinic services such as immunizations, well-child, family planning, medical nutrition therapy and other individual services are offered in each of our seven county health centers and many are offered in our school health sites as well. The Health Centers have been providing public health services in our communities for as many as 50 years!

Thank you for your interest in the health of yourself, your family and your community! I am hopeful this booklet can help guide you as you seek to make choices for good health!

***Deborah S. Fillman***

Deborah S. Fillman, MS, RD, LD, CDE  
Public Health Director III

## Green River District Health Locations

---



**Daviess County Health Center**  
1600 Breckenridge Street  
Owensboro KY 42302  
(270) 686-7744

**Hancock County**  
175 Harrison Street  
Hawesville KY 42348  
(270) 927-8803

**Henderson County Health Center**  
472 Klutey Park Plaza  
Henderson KY 42420  
(270) 826-3951

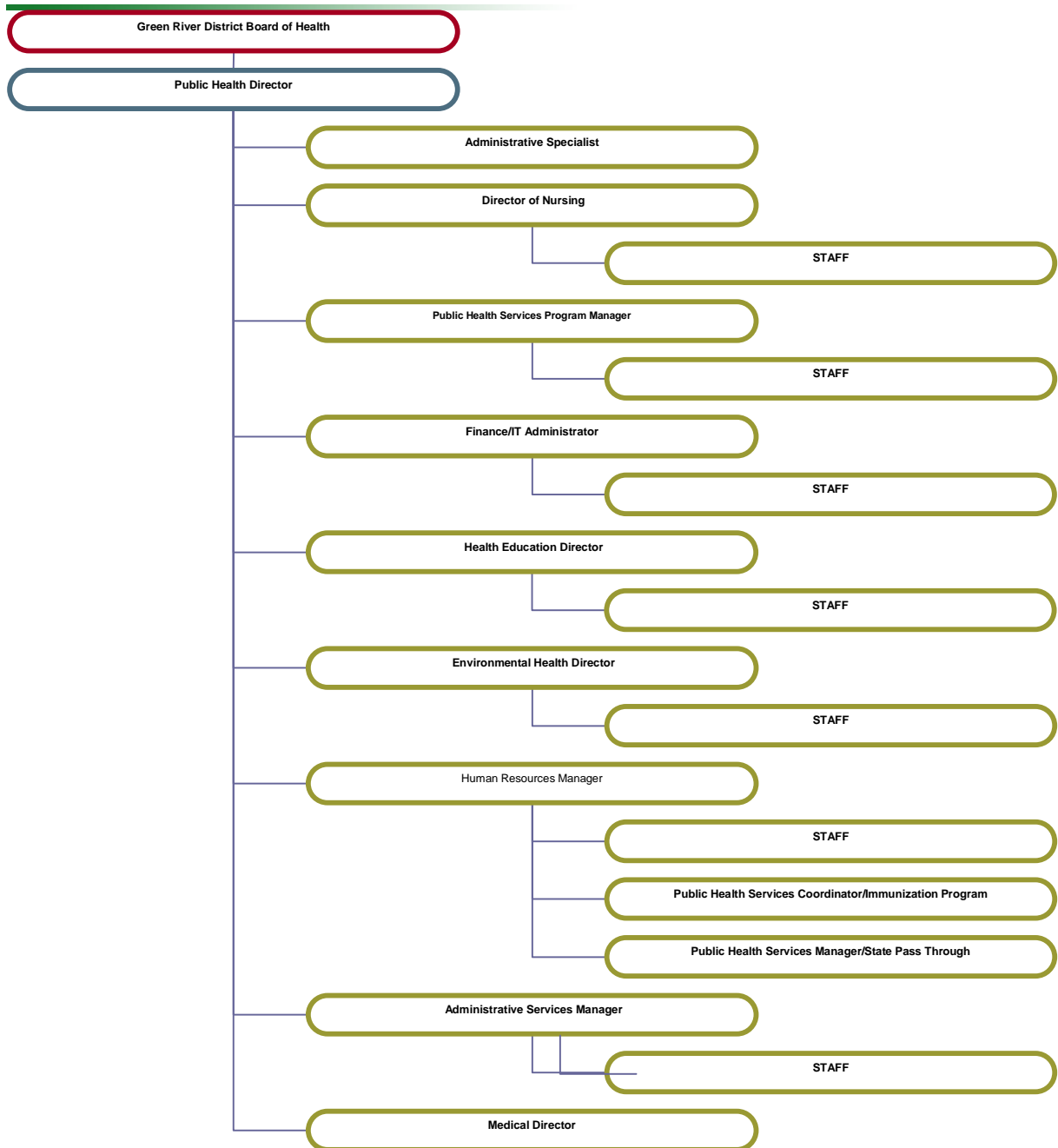
**McLean County Health Center**  
200 Highway 81 North, Suite 101  
Calhoun KY 42327  
(270) 273-3062

**Ohio County Health Center**  
1336 Clay Street  
Hartford KY 42347  
(270) 298-3663

**Union County Health Center**  
218 West McElroy  
Morganfield KY 42437  
(270) 389-1230

**Webster County Health Center**  
80 Clayton Avenue  
Dixon KY 42409  
(270) 639-9315

# Green River District Health Department Organizational Chart



# Green River District Board of Health

---

## **Daviess County**

David Nation, RPh (Designee for Judge/Executive Al Mattingly)  
3030 Burlew Blvd., Owensboro, KY 42303 B Phone 570-5416  
Leslie Smeathers, R.N., B.S.N., COHN (Designee for Mayor)  
1410 W 5<sup>th</sup> Street, Owensboro, KY 42303 – Phone 687-8544  
Ann Matchen  
4132 Pinta Drive, Owensboro, KY 42301 – Phone 926-2769  
Coy E. Ball, M.D.  
26 Sycamore, Owensboro, KY 42301 - Phone 684-4779  
Terry L. Norris, D.M.D.  
2200 E Parrish Ave., Bldg. C, Suite 201, Owensboro, KY 42303 - Phone 683-3269  
Freida Pagan, RN, MSN  
1301 Gilbert Lane, Owensboro, KY 42303 – Phone 686-4545  
James R. Riney, P. E., P.L.S.  
416 W. Third Street, Owensboro, KY 42301 - Phone 683-7558

## **Hancock County**

Edna M. Rice (Designee for Judge/Executive Jack McCaslin)  
P. O. Box 36, 150 Washington Street, Hawesville, KY 42348 - Phone 927-8739  
Walton R. Allen, D.M.D.  
P.O. Box 248, Hawesville, KY 42348 - Phone 927-6045

## **Henderson County**

Charles Alexander (Designee for Judge/Executive Hugh McCormick)  
13082 Midway Road, Henderson, KY 42420 - Phone 826-3971  
Mark Sears  
623 Doubletree Drive, Henderson, KY 42420 - Phone 827-1824  
John D. Marshall, RPh  
10247 Highway 41 South, Henderson, KY 42420 – Phone 827-3503  
Bruce Todd  
724 Barren Church Road South, Henderson, KY 42420 – Phone 827-0787

## **McLean County**

Kelly Thurman, Judge/Executive  
P. O. Box 127, Calhoun, KY 42327 Phone - 273-3213  
David A. Sunn, (Designee for Judge/Executive Kelly Thurman)  
P. O. Box 235, Calhoun, KY 42327 Phone - 273-3235  
Joe K. Howell, P.E.  
835 Doug Hill Road, Island, KY 42350 - Phone 486-9906

## **Green River District Board of Health - Continued**

---

### **Ohio County**

Robert Cox, (Designee for David Johnston, Judge-Executive Ohio County) 612 Broad Street,  
Beaver Dam, KY 42320–Phone 274-7184

Sheila Sims

1339 North Broad Street, Beaver Dam, KY 42320 – Phone 274-4150

Glenn Armstrong

947 N Madison Street, Beaver Dam, KY 42320 – Phone 274-3500

### **Union County**

Jody Jenkins, Judge/Executive of Union County

P. O. Box 60, Morganfield, Ky. 42437 - Phone 389-1081

Patrick Donahue

125 N Mart Street, Morganfield, KY 42437-9803 - Phone 389-1751

Melissa Stone, RPH

4885 US Highway 60 W, Morganfield, KY 42437 – Phone 389-5035

### **Webster County**

Chad Townsend (Designee for Judge/Executive James Townsend)

P. O. Box 238, Dixon, KY 42409 – Phone 635-0794

Regina Elder, ARNP-BC

6630 S R 132W – Clay, KY 42404 - Phone 664-2698

## Daviess County Board of Health

---

1. Al Mattingly, Judge/Executive, Chairman  
Daviess County Courthouse, P. O. Box 1716  
Owensboro, KY 42302-1716, (270) 685-8424 JUDGE/EXECUTIVE
2. Bill Parrish, City Manager, City Hall, P. O. Box 10003  
Owensboro, KY 42302-0847 (270) 687-8560 DESIGNEE FOR MAYOR
3. Coy E. Ball, M.D, 26 Sycamore,  
Owensboro, KY 42301 (270) 684-4779 PHYSICIAN
4. Bradley S. King MD DABFM  
1200 Breckenridge Street, Suite 202, Owensboro, KY 42303  
(270) 685-8224 PHYSICIAN
5. Randall Edward King, M.D.  
3240 Mount Moriah Ave, Owensboro, KY 42303  
(270) 686-6168 FAX 686-6140 PHYSICIAN
6. Terry L. Norris, D.M.D.  
2200 E Parrish Ave., Bldg. C, Suite 201  
Owensboro, KY 42303 (270) 683-3269 DENTIST
7. Freida Pagan, RN, MSN  
1301 Gilbert Lane, Owensboro, KY 42303  
(270) 686-4545 NURSE
8. Walter Marsch, D.V.M.  
5763 Jack Hinton Road, Philpot, KY 42366  
(270) 729-9110 VETERINARIAN
9. Patricia Gayle Ward Adams OD  
411 Park Plaza Drive, Owensboro, KY 42301  
(270) 683-2020 OPTOMETRIST
10. Jim Riney, P.E.  
416 W. Third Street, Owensboro, KY 42301  
(270) 683-7558 ENGINEER
11. Ann Matchen  
4132 Pinta Drive, Owensboro, KY 42301  
(270) 926-2769 CONSUMER
12. David Nation, RPh,  
3030 Burlew Blvd., Owensboro, KY 42303 (270) 570-5416 PHARMACIST

# Hancock County Board of Health

1. Jack McCaslin, Judge/Executive, Chairman JUDGE/EXECUTIVE  
P. O. Box 580, Hawesville, KY 42348, (270) 927-8137
2. Susan Estes FISCAL COURT  
875 Madison Street, Hawesville, KY 42348  
(270) 927-6914
3. Rose Mary Harris LAY - PHYSICIAN  
8476 St Rte 144 E, Hawesville, KY 42348  
(270) 927-6437
4. Dorothy Blinzinger, L.P.N. LAY - PHYSICIAN  
1997 Middle Knottsville Rd.  
Hawesville, KY 42348 (270) 927-6361
5. Lula Young LAY - PHYSICIAN  
P. O. Box 3, Hawesville, KY 42348  
(270) 927-6468
6. Walton Allen, D.M.D. DENTIST  
P.O. Box 248, Hawesville, KY 42348 (270) 927-6045
7. Denise Long, R.N. NURSE  
710 Frank Luttrell Road, Lewisport, KY 42351  
(270) 927-8419
8. Frances Imogene Allard CONSUMER  
827 Muddy Gut Road, Lewisport, KY 42351  
(270) 295-3640
9. Edna Rice (Designee for Judge McCaslin Green River District Board) LAY - VETERINARIAN  
P. O. Box 36, Hawesville, KY 42348  
H (270) 927-8739
10. Jim A. Howard, P.E. ENGINEER  
1288 Franklin Gaynor Rd., Hawesville, KY 42348  
(270) 927-6122
11. Rosemary Emmick, O.D. OPTOMETRIST  
P. O. Box 190, Hawesville, KY 42348  
(270) 927-8700
12. Ronna Ogle, RPh, 2640 Lee Henderson Road, PHARMACIST  
Hawesville, KY 42348 (270) 547-9950

# Henderson County Board of Health

---

1. Hugh McCormick JUDGE/EXECUTIVE  
 20 N Main, Courthouse, Henderson, KY 42420 (270) 826-3971  
 Charles Alexander, Designee for Hugh McCormick, Judge/Executive, Chairman, 13082 Midway Road, Henderson, KY 42420, (270) 826-3971
2. Bruce Todd FISCAL COURT  
 724 Barren Church Road South, Henderson, KY 42420  
 (270) 827-0787
3. Scott Watkins, MD PHYSICIAN  
 1382 Dylan Circle, Henderson, KY 42420  
 (270) 827-2547
4. Eric Ervin, MD PHYSICIAN  
 110 3<sup>rd</sup> Street, Suite 180 Henderson, KY 42420  
 (270) 827-3573
5. Paul Moore, MD. PHYSICIAN  
 110 3<sup>rd</sup> Street, Suite 180, Henderson, KY 42420  
 (270) 826-0135
6. James Ellis, DDS DENTIST  
 801 N Elm Street, Henderson, KY 42420  
 (270) 827-2555
7. Mary Elizabeth Gregory, RN NURSE  
 1201 Sandefur Drive, Henderson, KY 42420  
 (270) 827-9710
8. Mark Sears CONSUMER  
 623 Double Tree Drive, Henderson, KY 42420  
 (270) 827-1824
9. Luel P. Overstreet, DVM VETERINARIAN  
 10526 Hwy 60 W, Henderson, KY 42420  
 (270) 826-6291
10. VACANT ENGINEER
11. Sally Fife, OD OPTOMETRIST  
 300 9th Street, Henderson, KY 42420  
 (270) 827-8681
12. John David Marshall, RPh PHARMACIST  
 10247 Hwy. 41 South, Henderson, KY 42420  
 (270) 827-3503

# McLean County Board of Health

- 
1. Kelly Thurman, Judge/Executive, Chairman JUDGE/EXECUTIVE  
P. O. Box 127, Calhoun, KY 42327 (270) 273-3213 FAX (270) 273-9965  
David Sunn, Designee for Judge Kelly Thurman to District Board,  
P. O. Box 235, Calhoun, KY 42327 (270) 273-3235
  2. Brian Short  
5931 May Road, Calhoun, KY 42327  
(270) 275-5848 FISCAL COURT
  3. Kathy Adkins OTR/L  
6522 State Road 250, Calhoun, KY 42337  
(270) 314-1034 LAY - PHYSICIAN
  4. Hugh H. Wilhite, M.D.  
Box 98, Calhoun, KY 42327  
(270) 273-3293 PHYSICIAN
  5. Andria Brooks DC  
344 KY 81 N, Calhoun, KY 42327  
(270) 273-5122 LAY – PHYSICIAN
  6. Ralph W. Thacker, DMD  
222 Main Street, Livermore, KY 42352  
(270) 278-2385 DENTIST
  7. Linda W. Kirkland, R.N.  
717 Gravel Ford Road, Rumsey, KY 42371  
(270) 273-5315 NURSE
  8. Peggy Stevens, R.N.  
185 Quisenberry Street, Sacramento, KY 42372  
(270) 736-5141 CONSUMER
  9. Benita Phillips (Consumer)  
P.O. Box 108, Beech Grove, KY 42322  
(270) 273-3058 LAY-VETERINARIAN
  10. Joe Howell, P.E.  
835 Doug Hill Road, Island, KY 42350  
(270) 486-9906 ENGINEER
  11. Tom Fulkerson  
280 Main Street, Calhoun, KY 42327  
(270) 273-3158 LAY - OPTOMETRIST
  12. Hubert W. Edds, RPh  
813 Hwy. 815, Calhoun, KY 42327  
(270) 685-0027 PHARMACIST

# Ohio County Board of Health

---

1. David Johnston, Judge-Executive,  
3606 US Hwy 231 North, Hartford, KY 42347  
(270) 298-4400  
(Bob Cox, Designee, 612 Broad Street, Beaver Dam, KY 42320 274-7184) JUDGE/EXECUTIVE
2. Coy Ray St. Clair, Jr., D.V.M., Chairman  
1445 Highway 231 North, Hartford, KY 42347  
(270) 298-7230 VETERINARIAN
3. Sheila Sims  
1339 N Broad Street, Beaver Dam, KY 42320  
(270) 274-4150 FISCAL COURT
4. Charles L. Price, M.D.  
3141 State Rt. 69N, Hartford, KY 42347  
(270) 298-3157 PHYSICIAN
5. Glenn Armstrong  
947 North Madison Street, Beaver Dam, KY 42320  
(270) 274-3500 LAY - PHYSICIAN
6. Anderson Raymond Rowland, M.D.  
1215 Old Main Street, Hartford, KY 42347  
(270) 298-5404 PHYSICIAN
7. Dwight Wilson, D.M.D.  
1117 S. Main Street, Hartford, KY 42347  
(270) 298-7923 DENTIST
8. Charlotte Hendricks, R.N.  
746 Griffin Street, Hartford, KY 42347  
(270) 298-7053 NURSE
9. Scott Lewis  
1779 Applehouse Road, Beaver Dam, KY 42320  
(270) 274-0441 CONSUMER
10. Keith Biggerstaff, P.E.  
5368 Rob Roy Road, Cromwell, KY 42322  
(270) 298-0257 ENGINEER
11. Jon Shrewsbury, O.D.  
P. O. Box 109, Beaver Dam, KY 42320  
(270) 274-3294 OPTOMETRIST
12. Jessika Chinn, RPh  
650 Heflin Trail, Beaver Dam, KY 42320  
(270) 298-3278 PHARMACIST

# Union County Board of Health

- 
- |   |                 |
|---|-----------------|
| 1. Jody Jenkins, Judge/Executive, Chairman<br>P. O. Box 60, Morganfield, KY 42437<br>(270) 389-1081 | JUDGE/EXECUTIVE |
| 2. Patrick Donahue<br>125 North Mart Street, Morganfield, KY 42437<br>(270) 389-3030                | FISCAL COURT    |
| 3. William Clapp, M.D.<br>1284 US Hwy. 60 West, Morganfield, KY 42437<br>(270) 389-2323             | PHYSICIAN       |
| 4. Debra Wallace, M.D.<br>1284 US Hwy 60 W, Morganfield, KY 42437<br>(270) 389-2323                 | PHYSICIAN       |
| 5. John Holeman, M.D.<br>1700 US Highway 60 W, Morganfield, KY 42437<br>(270) 389-0031              | PHYSICIAN       |
| 6. Kember Heine DMD<br>P. O. Box 349, Sturgis, KY 42459<br>(270) 333-4030                           | DENTIST         |
| 7. Marilyn Greenwell, R.N.<br>192 House Bridge Road, Waverly, KY 42462<br>(270) 389-4865            | NURSE           |
| 8. Gary Day<br>758 Mary Anne Drive, Morganfield, KY 42437<br>(270) 389-1383                         | CONSUMER        |
| 9. Raymond Stone, Jr. D.V.M.<br>P.O. Box 247, Sturgis, KY 42459<br>(270) 333-2866                   | VETERINARIAN    |
| 10. Robert Hunter Davis, P.E.<br>9089 State Route 109, Sturgis, KY 42459<br>(270) 389-6705          | ENGINEER        |
| 11. Mark Troutman, O.D.<br>221 Highland Drive, Morganfield, KY 42437<br>(270) 389-1864              | OPTOMETRIST     |
| 12. Melissa Stone, RPh<br>4885 US Hwy 60 West, Morganfield, KY 42437<br>(270) 389-5035              | PHARMACIST      |

# Webster County Board of Health

---

1. James Townsend, Judge/Executive  
P. O. Box 155, Dixon, KY 42409-0155 (270) 639-5042  
JUDGE/EXECUTIVE
2. Chad Townsend, P. O. Box 238  
Dixon, KY 42409 (270) 639-9301  
(Designee for Judge Townsend to District Board)  
FISCAL COURT
3. Wayne Cole, D.O., 121 E Main Street  
Providence, KY 42450 (270) 667-2023  
PHYSICIAN
4. Regina Elder, ARNP-BC  
6630 S. R. 132W, Clay, KY 42404  
(270) 249-6041  
LAY - PHYSICIAN
5. Kelly Cole, D.O.  
121 E Main Street, Providence, KY 42450  
(270) 667-2023  
PHYSICIAN
6. Heather Davis, ARNP  
1149 Old Dixon-Slaughters Rd, Slaughters, KY 42456  
(270) 884-3048  
LAY - DENTIST
7. Billie Cole, R.N.  
224 E. Main Street, Providence, KY 42450  
(270) 667-5387  
NURSE
8. Joel C. Rich  
P. O. Box 248, Dixon, KY 42409  
(270) 639-6920  
CONSUMER
9. George Steedly, D.V.M., Chairman  
955 Barnhill Road, Providence, KY 42450  
(270) 667-2033  
VETERINARIAN
10. Daniel Herron, P.E.  
303F Rogers Lane, Dixon, KY 42409  
(270) 639-5679  
ENGINEER
11. Nancy Rigdon, DMD  
124 South Brady Street, Morganfield, KY 42437  
(270) 389-2855  
LAY - OPTOMETRIST
12. Tom Glover RPh  
200 Stewart Street, Providence, KY 42450  
(270) 667-2049  
PHARMACIST

# Breastfeeding

Breastfeeding is encouraged as the preferred feeding for all infants, including premature newborns. The breastfeeding objectives in Healthy People 2010 were retained in Health People 2020, but with higher targets as noted in the chart below. New objectives related to worksite lactation support, reduction in the early supplementation of breastfed newborns with formula and maternity practices have been added.

Healthy People 2020 Breastfeeding Objectives Topic #	Description- Increase the proportion of infants who:	National Baseline	Kentucky Baseline <sup>26</sup>	Objective
MICH-21.1	Were ever breastfed (any breastfeeding)	73.9%	58.7%	81.9%
MICH-21.2	Were breastfed at 6 month	43.4%	29.6%	60.5%
MICH-21.3	Were breastfed at 1 year	22.7%	13.1%	34.1%
MICH-21.4	Exclusively breastfed at 3 months	33.1%	26.4%	44.3%
MICH-21.5	Exclusively breastfed at 6 months	13.6%	12%	23.7%
MICH-22	Increase lactation support programs in workplace	25%	NA	38%
MICH-23	Decrease formula supplementation at 2 days	15.6%	18.6%	10%
MICH-24	Increase births at recommended care for lactating women	2.9%	5.58%	8.1%

GRDHD Services include:

## Professional Education

Breastfeeding Education Programs are offered to health department staff as well as health care providers within the community, as requested (i.e. physicians, nurses, dietitians, etc.).

## Individual Education

Individual counseling on breastfeeding is offered through each local health department by staff in cooperation with other services offered (i.e., WIC and Perinatal Programs). Peer counselors (women who have been WIC participants and successfully breastfed) are also available to provide education and support to WIC participants interested in breastfeeding their child.

## **Breastfeeding – Continued**

---

### **Community Education**

The Program Coordinator along with the clinical nutritionists gives presentations and provides literature per request. The Program Coordinator is also responsible for coordination of Outreach Activities such as billboards and coalitions.

### **Contact Information**

Nutrition Services Coordinator  
(270) 852-5561

## Building Stronger Families

---

Building Stronger Families (BSF) program became a function of the Green River District Health Department in July 1996. The purpose of the program is to increase knowledge and skills in communication, discipline and parenting. BSF seeks to strengthen family bonds so that children thrive in a nurturing, safe environment.

Building Stronger Families is an in-home visitation program for families with children. Services are concentrated on children birth to five, but a family with a child of any age is eligible. BSF uses a nationally recognized curriculum *Active Parenting Now*. Home visits are weekly for approximately 1 to 1.5 hours each week. The sessions last from three to six months. The program is voluntary.

BSF is funded primarily through the Community for Collaborations for Children grant, as well as United Way of the Ohio Valley, other grants and donations, and the Chili for Children fundraiser.

# Cardiovascular Health

---

The Cardiovascular Health Program exists to promote the prevention of cardiovascular disease (CVD) by creating public awareness of opportunities to prevent and lessen the impact of these diseases on the public health.

The program focuses on encouraging prevention of CVD risk factors, controlling manifested risk factors, referring to appropriate treatment options as well as promoting healthy lifestyles.

Public health approaches in CVD prevention require the expertise and contributions of a wide variety of health professionals, both in the public and private sector. Primary avenues of engagement will involve education, policy development, community partnerships, community CVH status monitoring and assessment, environmental remedies, and health clinic services.

## **Health Department Approaches**

- Individual clinic counseling, education, and monitoring sessions including consultation with the person's private physician
- Nutrition education
- Promotion of the benefits of physical activity to protect CVH
- Tobacco cessation promotion
- Community education

## **Special Areas of Emphasis**

- Management of blood pressure and cholesterol
- Weight control nutritional education
- Public policies to promote decreased tobacco use
- Public policies to promote community exercise opportunities
- Public awareness of the relationship of healthy lifestyles and disease prevention
- Community coalitions, Governmental and Healthcare alliances
- Monitoring CVD status and evaluation of prevention efforts

## **Contact Information**

270-686-7746, ext. 3022

## Child Care Health Consultation

---



Child Care Health Consultation, for a Healthy Start in Child Care, is part of the KIDS Now Initiative. The program provides consultation on health, safety, nutrition, and social/emotional well being to child care providers. Trained Child Care Health Consultants from local health departments participate in joint activities with the resource and referral agencies in their area to ensure collaboration and coordination on issues impacting the quality of child care.

The Child Care Health Consultants which include Registered Nurses, Registered Dietitians and Health Educators consult with child care providers and their families via telephone, email or on site to promote healthy, safe, and nurturing environments for optimal child development.

The KY Department for Public Health launched a toll- free Child Care Health Consultation Helpline, staffed by Child Care Health Consultant Technical Assistants at the Lexington- Fayette County Health Department. The Helpline **(877) 281-5277** was established to assist child care providers and other child care consultants across the state and provides free technical assistance to child care centers, including answering questions and providing information about health, safety, nutrition, and social/emotional well being of children.

## Clinical Services and Programs

---

**Well Child Assessment** – available to income eligible children (recipients of Medicaid or with income at or below the federal poverty level of 185%). Birth to age 20. Services include medical history, health risk identification, physical examination, immunization, counseling, health education and referrals. Assessments are conducted by Registered Nurses who have completed mandatory training provided through the Department for Public Health.

**Immunizations** – childhood immunizations are made available to children aged birth through 18 who meet the guidelines for the Vaccine for Children (VFC) Program. This program targets children who are covered under Medicaid, those who may not have any health insurance, an American Indian or Alaska Native or those children who may be underinsured (health insurance that does not cover the cost of routine immunizations).

<a href="#">Hepatitis A</a>	<a href="#">Hepatitis B</a>
<a href="#">DTaP/DT</a>	<a href="#">Gardasil</a>
<a href="#">Td</a>	<a href="#">Rotavirus</a>
<a href="#">Hib</a>	<a href="#">Influenza</a>
<a href="#">Polio</a>	
<a href="#">MMR</a>	
<a href="#">Pneumococcal</a>	
<a href="#">Varicella (chicken pox)</a>	

**Adult Immunizations**- are also made available. Medicare, Medicaid, private insurance and private pay payment options are available for adults seeking these immunizations:

<a href="#">Influenza</a>	<a href="#">Pneumococcal</a>	<a href="#">Tetanus</a>
---------------------------	------------------------------	-------------------------

**Breast and Cervical Cancer Program** – screenings available to income eligible women who have no third party payer. Services include pap smears, pelvic exams, colposcopies, breast exams, and screening to determine a need for a mammogram. Women also receive education regarding risk reduction behavior (i.e.; smoking cessation, diet, etc).

**Communicable Disease Control** - Perform surveillance and contact investigation for reportable diseases and conditions. Notifies the State Department of Epidemiology of any outbreak of disease or potential for concern. May head up community education and/or prophylaxis for those conditions

## Clinical Services and Programs - Continued

---

that warrant follow-up in order to prevent disease outbreak. Epi Rapid Response Team in place to respond to emergencies.

**Family Planning** – Serves all women of child-bearing age, targeting teens, those who are high risk of becoming pregnant, and women whose income is at or below 185% poverty level. Physical Exams, laboratory services, contraceptive methods, follow-up services, education, counseling and pregnancy testing are available on a sliding fee scale. Contracted physicians in the District provide sterilizations for both men and women who meet department guidelines.

**Sexually Transmitted Disease Program** - Confidential testing and treatment available to all persons for gonorrhea, Chlamydia, syphilis, herpes, and other sexually transmitted disease for a nominal fee. Confidential and anonymous pre-test counseling testing for HIV infection and post-test counseling . Educational counseling available to help identify and modify behavior that may place an individual at increased risk.

**Prenatal** - A referral program that serves pregnant women who are enrolled in Medicaid or who have no private insurance coverage. Patients are referred for contracted obstetrical care. WIC, Home Visiting programs, and counseling services are available through the health centers.

**Preconceptional Health** - The Preconceptional Health Program targets all women of childbearing age and their partners. Women who may be at high risk for future, poor reproductive health experiences are identified through the use of the Health Risk Assessment screening tool. Through counseling and referral assistance, they are encouraged to eliminate or modify their identified risk factors. Education and counseling on the benefits of consuming 0.4 mg of folic acid daily is provided to women of childbearing years. Folic acid has proven to decrease spina bifida and other neural tube defects by up to 70%. By adopting a healthier lifestyle prior to pregnancy (at least one month, recommended three months) and taking 0.4 mg of folic acid daily, improved pregnancy outcome(s) should result.

## **Compassionate Care Adult Day Care Services (ADC)**

---

The Green River District Health Department provides Adult Day Care Services. It is located in the Daviess County Health Care Center. The Adult Day Care serves the entire 7 counties in the Green River District. Adult Day Care is a community-based service designed to provide assistance to clients age 21 or older that require 24 hours supervision and/or medical monitoring that are under the care of a physician. Adult Day Care is part of the Home and Community Based Waiver Program funded by the Kentucky State Medicaid Program. The Adult Day Care also accepts clients on a private pay basis.

Please call (270) 852-2900 for more information.

# **Daviess County Community Access Project (DC-CAP)**

---

## **Purpose**

To assist low-income Daviess County residents who do not have any form of health insurance. Eligible patients have access to a network of volunteer physicians and facilities who completely donate their services, supplies and time.

## **Services Provided**

- Coordination of medical office appointments & diagnostic testing (labs & x-rays)
- Prescription assistance
- Hospitalization
- Assistance with transportation to/from appointments.

## **Program Goals**

- Increase the number of uninsured residents that have a “medical home” and receive consistent care
- Reduce the number of unnecessary ER visits by the vulnerable population
- Improve access to prescription drugs for the uninsured population
- Provide an avenue for increased collaboration between social service entities in the Owensboro/Daviess County community
- Provide a service to physicians that accept uninsured patients into their practice & assist them in caring for this population.

### **Contact Information:**

DC-CAP  
1600 Breckenridge St  
Owensboro, KY 42303  
(270) 852-2927  
[www.dc-cap.org](http://www.dc-cap.org)

# Diabetes

The Kentucky Diabetes Prevention and Control Program (KDPCP) was established in the Green River District Health Department as part of a state program in 1980 to reduce morbidity and mortality associated with diabetes and its complications. In early 2001, the program was redesigned with six regional sites (one of those being in Owensboro).

## **Services Provided:**

- Plans and coordinates activities of Diabetes Coalitions in Daviess and Henderson Counties. These efforts focus on cooperatively working with various agencies and individuals to develop projects and initiatives which will decrease diabetes morbidity/mortality within the county and surrounding area.
- Conducts diabetes educational programs/workshops for health professionals providing diabetes care across the District.
- Plans, prepares and conducts special diabetes projects/initiatives (Diabetes Day at the Capitol, state surveys/studies, community assessments, Kentucky incidence of diabetes studies, health fairs, development of state diabetes curriculums/materials, awareness programs, etc...).
- Serves as resource for community diabetes educators and diabetes patients and provides coordination of diabetes services in seven county area.
- Special projects/services for patients/ family members held throughout the district. (i.e. Fall Workshops, Diabetes, Patient Assistance Program, screenings, etc...).
- An ongoing statewide diabetes survey to determine ongoing incidence of diabetes and rate of chronic complications.
- Development of Endocrinologists/Diabetes Resources Directory for Kentucky and bordering cities. This is distributed throughout the state and our community.
- Participated in the Center for Disease Control and Prevention's Diabetes Today training and utilize this information to mentor other diabetes coalition formation within the Commonwealth and the nation.
- Serve on national and statewide committees/boards for diabetes advisory group, Tri State Association of Diabetes Educators (TRADE), and the Kentucky Diabetes Network (KDN).
- Develops and distributes a Diabetes Patient Newsletter to over 3500 persons with diabetes in the Green River District.

## **Local Nurses/Nutritionists**

1. Individual counseling/education/monitoring including consultation with the person's private physician
2. Educational counseling sessions tailored to patients medical needs may include: Overview of diabetes types, High and low blood sugars, acute complications, sick day guidelines, Administration of diabetes medications, Foot and Eye Care-preventing chronic complications, Nutrition/Dietary management, Monitoring blood sugar and Exercise

## Diabetes - Continued

---

3. Visits include: Blood glucose test, Blood pressure check, Urine test for ketones, Weight assessment, Cholesterol and/or total lipid profile checks, periodically, Foot examination, periodically, Preconceptional counseling, periodically, Referral and payment for dilated eye exams  
Screening for Diabetes in (Undiagnosed Adults 21 and over), Screening for Undiagnosed Type 2 Diabetes in Children/Adolescents (under 21).

CLINICAL DIABETES SERVICES ARE AVAILABLE TO ANYONE DIAGNOSED WITH DIABETES WITHOUT REGARD TO INCOME.

Additional information can be obtained by calling (270) 686-7747.

## Environmental Services Outline

---

The Environmental Health Services of the Green River District Health Department protects the public's safety and health by enforcing the Environmental Health laws of the Commonwealth of Kentucky.

Staff consists of Environmental Health Professionals including the Program Director, Health Environmentalists, and the Support Associate. Each of the county health centers has at least one [Health Environmentalist](#) on staff.

Services are provided in six areas

- **Food Safety Inspections**
- **Facilities Sanitation Program**
- **Community Sanitation Program**
- **Onsite Sewage Disposal Program (Septic Systems)**
- **Lead Poisoning Prevention**
- **Rabies Prevention**

(See attachments A-F)

(Attachment A)

## Community Sanitation

---



The Health Department offers services to improve the community's sanitation and health. These services include Private Well Water Testing, Public Health Nuisance Investigations, Vector & Rodent Control, and Rabies Prevention.

Private Water Sources (wells, cisterns, springs, etc.) are sampled for bacteriological quality on a request basis. In the Public Health Nuisance Complaint/Vector & Rodent Control Program, citizen complaints are investigated to determine if a Public Health threat exists. Our department makes pre-packaged rodent poison available to the public at no cost.

### **Contact your local health center for more information:**

<b>Daviess County</b>	<b>(270) 686-7744</b>
<b>Hancock County</b>	<b>(270) 927-8803</b>
<b>Henderson County</b>	<b>(270) 826-3951</b>
<b>McLean County</b>	<b>(270) 273-3062</b>
<b>Ohio County</b>	<b>(270) 298-3663</b>
<b>Union County</b>	<b>(270) 389-1230</b>
<b>Webster County</b>	<b>(270) 639-9315</b>

(Attachment B)

## Facilities Sanitation

---



The Health Department inspects Schools, Youth Camps, Hotels and Motels, Mobile Home and Recreational Vehicle Parks, Public Swimming Pools and Beaches, Tattoo and Body Piercing Studios and Septic Tank Service Companies.

Area Schools are inspected twice per year for compliance with the Kentucky School Sanitation Regulation. Youth Camps (both overnight and day camps) are inspected twice a year for safety and sanitation. All Hotels and Motels are required to maintain a permit from the Health Department and are inspected at least once per year for compliance with the Kentucky Hotel/Motel Regulation. Mobile Home and RV Parks are permitted and inspected annually by the Health Department for compliance with state health and safety laws.

The Green River District Health Department protects the health and safety of swimmers by inspecting Public Swimming Pools and Beaches. Each pool is inspected at least twice per year to check for proper water quality and general safety requirements. Surprise visits to check the pool's water quality are performed monthly. Public Beaches are also sampled for bacteriological quality on a monthly basis.

All Tattoo and Body Piercing Studios are inspected at least twice per year for proper sanitary procedure, record keeping and artist registration. Tattoo artists must be registered with the health department and all studios must be permitted. The department also regulates Ear Piercing facilities. Those facilities are inspected at least once a year.

### Contact your local health center for more information:

Daviess County (270) 686-7744

Hancock County (270) 927-8803

McLean County (270) 273-3062

Henderson County (270) 826-3951

Ohio County (270) 298-3062

Union County (270) 639-9315

Webster County (270) 639-9315

**(Attachment C)**

**Food Safety Inspections**

---



The Health Department protects the community from food borne illness by conducting Food Safety Inspections. All restaurants and grocery stores are required to maintain a permit through the Green River District Health Department. Surprise inspections are conducted at least twice a year on each facility.

In addition to these routine inspections, the health department also responds to complaints on food service establishments and investigates reports of food borne illness. The agency also works to ensure that food served at local fairs, festivals, and special events is safe.

**Contact your local health center for more information:**

<b>Daviess County</b>	<b>(270) 686-7744</b>
<b>Hancock County</b>	<b>(270) 927-8803</b>
<b>Henderson County</b>	<b>(270) 826-3951</b>
<b>McLean County</b>	<b>(270) 273-3062</b>
<b>Ohio County</b>	<b>(270) 298-3663</b>
<b>Union County</b>	<b>(270) 389-1230</b>
<b>Webster County</b>	<b>(270) 639-9315</b>

(Attachment D)

## *Lead Poisoning Prevention*

---



In the Lead Poisoning Prevention Program, the staff Environmentalists attempt to determine where lead exposure occurs when the Clinical staff identifies a child with a high level of lead in their system. High blood lead levels in children can result in developmental delays, seizures or other neurological symptoms. The Green River District Health Department has an Environmental Staff member certified to conduct environmental lead assessments and to collect samples for analysis. This is all done to decrease the potential exposure of children to dangerous lead in their surrounding

### **Contact your local health center for more information:**

<b>Daviess County</b>	<b>(270) 686-7744</b>
<b>Hancock County</b>	<b>(270) 927-8803</b>
<b>Henderson County</b>	<b>(270) 826-3951</b>
<b>McLean County</b>	<b>(270) 273-3062</b>
<b>Ohio County</b>	<b>(270) 298-3663</b>
<b>Union County</b>	<b>(270) 389-1230</b>
<b>Webster County</b>	<b>(270) 639-9315</b>

(Attachment E)

## On-Site Sewage Disposal

---



Through the Onsite Sewage Disposal Program, the Green River District Health Department protects the public and prevents groundwater contamination due to leaking septic systems.

The Department also investigates citizen complaints of illegal sewage discharge and failing septic systems. Before a new residence or commercial facility can be built in an area not served by a municipal sewer system, an Environmentalist must conduct a Site Evaluation to determine the suitability of the site for installation of a septic system. During the Site Evaluation, the Environmentalist conducts field analysis of soil texture and structure, identifies restrictive soil horizons, and identifies any other soil properties that may interfere with proper wastewater disposal or lead to groundwater contamination.

After site evaluations are completed, the health department issues construction permits and inspects septic system installations.

**Contact your local health center for more information:**

**Daviess County (270) 686-7744**

**McLean County (270) 273-3062**

**Hancock County (270) 927-8803**

**Ohio County (270) 298-3663**

**Henderson County (270) 826-3951**

**Union County (270) 389-1230**

**Webster County (270) 639-9315**

(Attachment F)

## Rabies Prevention

---



The Rabies Prevention Program involves investigation of animal bites, preparation and submission of samples for testing and conducting rabies vaccination clinics. Under Kentucky Law, any dog, cat, or ferret that is either suspected of having rabies or bites a human must be placed under quarantine for a ten-day period or it must be euthanized and submitted to the State Laboratory for testing. Kentucky State Law requires all dogs, cats, and ferrets over 4 months of age have a current rabies vaccination. All animal bites must be reported to the Health Department within 12 hours or by the next working day.

Each year the Green River District Health Department partners with local veterinarians to hold mass rabies vaccination clinics. Pet owners can have their dogs or cats receive rabies vaccinations at these clinics for only \$5.

**Contact your local health center for more information:**

**Daviess County (270) 686-7744 McLean County (270) 273-3062**

**Hancock County (270) 927-8803 Ohio County (270) 298-3663**

**Henderson County (270) 826-3951 Union County (270) 389-1230**

**Webster County (270) 639-9315**

## **EPI Rapid Response Team**

---

The Epi Rapid Response Team is a group of specially trained staff (nurses, environmentalists, etc.) of the Green River District Health Department.

They respond to any communicable disease situation and act according to state, federal, and CDC guidelines.

The team responds quickly to reportable diseases by doing surveillance, investigation, and treatment of at-risk contacts.

### **Goals**

- To expand the number of public health professionals that are capable of participating in an outbreak investigation, terrorism threat, or man-made or natural disaster event.
- To increase and improve team members knowledge, skills, and ability to respond to events.
- To assist local, regional, state, and national epidemiology staff in emergency public health situations.

# Epidemiology

---

The Green River District Health Department Epidemiologist provides disease surveillance and data interpretation by:

- A. Monitoring health status and disease burdens for the Green River District.
- B. Disseminating pertinent information regarding disease rates and surveillance.
- C. Analyzing data, designing surveys and data collection forms, and providing statistical support for health department staff.
- D. Conducting research projects specific to district problems.
- E. Acting as a resource to the community concerning communicable, chronic, and rare diseases.
- F. Instituting a health department-wide disaster response plan for bioterrorism.
- G. Functioning as the chair of the Epi Rapid Response Team, a team comprised of individuals from medical and environmental backgrounds that responds to possible communicable and food borne disease outbreak situations.

Personnel: Epidemiologist  
(270) 686-7747

## **EPSDT Therapy (Early and Periodic Screening Diagnostic & Treatment)**

---

(Early and Periodic Screening Diagnostic and Treatment Program) is a Medicaid program that provides needed therapy services to children under the age of 21 years old. The child must have a current physician and a Kentucky Medicaid card. EPSDT Therapy can provide Speech Therapy, Physical Therapy, and Occupational Therapy. Anyone can make a referral; however, a doctor's order from the child's physician must be obtained before providing service. Our EPSDT Therapy Program is under the direction of our Home Health Agency.

Provides therapy services for Medicaid-eligible persons under 21 years of age  
Eligibility – current physician and Kentucky Medicaid Card

Services under the direction of Home Health

PT Physical Therapy

ST Speech Therapy

OT Occupational Therapy

We provide these services in all seven counties of the Green River District

Eligibility Criteria-

Developmental Delay. An evaluation can be completed to determine if the child is not developing age appropriately in one or more skill areas: cognition, communication, physical and fine motor skills, social and emotional, or self-help skills.

-OR-

## **EPSDT Therapy (Early and Periodic Screening Diagnostic & Treatment) – Continued**

---

Automatic entry if the child has an established risk diagnosis which has a high probability of resulting in developmental delay, such as Down's Syndrome.

When initially calling Healthcare Review verbal approval is not immediately obtained. With the initial call, the home health agency is expected to provide information regarding medical necessity and request for services. Healthcare Review will provide the agency with a reference number and then ask for specific information from the agency to be submitted through a faxed transmission to Healthcare review for their review and determination for approval.

The home health agency should call Healthcare Review back in 2 to 3 business days using the reference number given by Healthcare Review in order to obtain a verbal approval for services. If the case has been referred to a physician for approval, it should still take only 2 to 3 business days for approval, however, it could possibly take up to 4 business days for approval.

The home health agency should receive the PA (Prior Authorization) letter within 2 weeks from the initial call to healthcare review, assuming that the home health agency has submitted all requested information to healthcare review in a timely manner. If the agency has submitted all requested information in a timely manner and has not received the PA letter in 2 weeks, by the third week the home health agency needs to call healthcare review to check the status of the PA letter in the system. It is recommended that the home health agency have a system in place that verifies receipt of PA letters.

HealthCare Review approves the therapy services that are medically necessary; they do not determine whether or not the child is Medicaid eligible for services. The PA letter does address Medicaid eligibility; however, recognize that the child's Medicaid status can change at any given time.

## **EPSDT Therapy (Early and Periodic Screening Diagnostic & Treatment) - Continued**

---

The home health agency must verify Medicaid eligibility status on each child at least one time per month before providing services and on some children, especially those with KCHIP Phase I & II that the agency verify Medicaid status two times per month (due to the premium payment that must be made by the family). Reminder: KCHIP Phase III does not cover EPSDT Therapy services.

If the home health agency is following these recommendations and is truly verifying Medicaid status as recommended that she would have at least a 95% comfort level on reimbursement of EPSDT Therapy services with a verbal approval.

Our Frankfort consultant can be reached at (502) 564-7213.

HealthCare Review phone # for EPSDT therapy services is 1-800-292-2392, ext. # 9.

Contact Person for the Green River District can be contacted at (270) 686-7744.

## **First Steps (Kentucky Early Intervention Services) Point of Entry**

---

The First Steps Program serves children in the seven counties of the Green River District. Children from birth to age three who have developmental delays or particular medical conditions known to cause developmental delays are eligible for services. Anyone may call the Point of Entry office to refer a child suspected of having a developmental delay.

- . Evaluation and Assessment
- . Service Coordination
- . Physical Therapy
- . Speech & Language Therapy, including feeding therapy
- . Occupational Therapy
- . Developmental Intervention Therapy
- . Assistive Technology

Services are available to any child and family who meets the eligibility criteria, regardless of income by providing services to families with children ages birth to 3 years old who have developmental delays or established risk diagnosis. Anyone can make a referral for a child who is under the age of 3 years old.

To make a referral, contact the Point of Entry office at 1-888-686-1414 or 270-686-7747

The Point of Entry Office will initially assist a child and family in accessing needed services.

## **Genetics Testing**

---

The clinic provides genetic evaluation including history and pedigree, physical examination, laboratory studies and treatment, recommendations. Genetic counseling is also available and includes discussion of recurrence risks, appropriate referrals and supportive education.

The genetic clinics are managed by a team consisting of a Geneticist and Genetic counselor from the University of Louisville Child Evaluation Center and provide services for any patient regardless of income. Fees are assessed to patients based on cost of the service and the family income using the Federal Poverty Guidelines. Fees are billed and collected the University Genetic Team. Persons with family income below 100% of poverty are not charged.

## H.A.N.D.S. Program

---



**H**ea**A**ccess **N**urturing **D**evelopment **S**ervices is a voluntary program for all 1st time parents residing in Kentucky. Services can begin during pregnancy or anytime before a child is 3 months old.

H.A.N.D.S. is an educational service that promotes healthy pregnancies, births, healthy child growth and development, safe and healthy homes, and self-sufficient families.

The **H.A.N.D.S.** program is *free* to all first time moms, dads, and/or caregivers regardless of their age or income. The H.A.N.D.S. staff believe that a child's parents are the most important people in that child's life. A parent is the first and most important teacher a child will ever have.

H.A.N.D.S. offers information and support to parents as they build a healthy, safe and stimulating environment in which their baby can grow and develop.

For more information, contact your local health center.

Daviess	(270) 852-5445
Hancock	(270) 927-8803
Henderson	(270) 826-3951
McLean	(270) 273-3062
Ohio	(270) 298-3663
Union	(270) 389-1230
Webster	(270) 639-9315

# Home Health Program

---

## I. Origin of Program

Green River Home Health, established in 1972, was the first home health agency in the Green River Area Development District.

## II. Personnel Status

The program currently employs a nursing administrator, registered nurses; home health assistants; and full-time clerks.

## III. Funding

Medicare, Medicaid and Private Insurance are the primary payor sources. The program also provides services covered by private insurance and VA benefits. Persons without a funding source are billed privately for services rendered.

## IV. Types of Services Provided

The agency provides a wide range of services including: skilled nursing, home IV therapy, physical therapy, speech therapy, occupational therapy, nutritional counseling, home health aide assistance for personal care, and medical supplies.

For more information call (270) 686-8123 or 1-800-928-7123.

# Medical Reserve Corps

---



## **MEDICAL RESERVE CORPS**

Become a Hometown Hero!!

### **What is the Medical Reserve Corps (MRC)?**

In the light of 9-11, the federal government has developed the need for homeland security. This is a common citizen like you and me, stepping in to aid fellow Americans in the aftermath of a possible terrorist attack.

The Medical Reserve corps is a branch of Homeland Security and needs everyday people to help. We will stand ready in case of a disaster of hazardous magnitude. We need your help to fight the battle. We need Homeland Heroes. Homeland Patriots. Homeland Pride.

### **Who Can Volunteer?**

Anyone from any vocation can be a part of the team! We require you fill out an application; a criminal police check will be done. Applicants must at least be at least 18 years of age or older.

### **What Will My Duties Be?**

Your duties as a MRC volunteer will be to be ready willing and able to do what is necessary to make the recovery a success. Be able to take directions from staff and implement with the best of your ability. We only expect you to try as best you can to fulfill any task needed. Trainings will be provided to you throughout your stay with us and we hope that you take part in all that we can offer to best prepare you.

## Medical Reserve Corps - Continued

---

### We are looking for assistance in:

- Medical Professions
- Dental Professions
- Business Professions
- Veterinarian Professions
- Pharmaceutical Professions
- Emergency Professions
- Assistance in Traffic Control
- Assistance in Comforting
- Secretarial Duties
- Homemakers
- Babysitters
- **AND THE LIST GOES ON!...**

BECOME A MEMBER TODAY!

[Click here to download an application.](#)

Fill out and MAIL TO:

**Green River District Health Department  
PO Box 309, Owensboro, KY 42302  
270-686-7747**

# Nutrition Services

---



Good nutrition plays a vital role in achieving and maintaining optimal health and is essential for the healthy growth and development of children. The Dietary Guidelines for Americans first published in 1980, provide science based guidance to promote health and reduce the risk for chronic diseases through diet and physical activity. The recommendations contained within the Guidelines are targeted to the public over two years of age.

- Consume a variety of foods within and among the basic food groups while staying within energy needs
- Control caloric intake to manage body weight
- Be physically active every day.
- Increase daily intake of fruits and vegetables, whole grains, and nonfat or low fat milk and milk products.
- Choose fats wisely for good health
- Choose carbohydrates wisely for good health
- Choose and prepare foods with little salt
- If you drink alcoholic beverages, do so in moderation
- Keep food safe to eat

Nutrition consultation with a registered and licensed dietitian is available in each of our clinics throughout the Green River District.

### **Contact Information**

Nutrition Services Coordinator  
(270) 852-5561

## Perinatal

---

Perinatal services are provided by our RN staff. They provide in-home services to our prenatal, postpartum and newborn population. Perinatal Home Visiting was implemented to provide more comprehensive services to women of childbearing ages and newborns. Services offered include: prenatal assessments and education; postpartum assessments and education; infant assessment and education, breast-feeding instruction; nutritional information; monitoring of infant growth; parenting information and referrals to community agencies.

For more information contact your local health center:

Daviess	(270) 852-5445
Hancock	(270) 927-8803
Henderson	(270) 826-3951
McLean	(270) 273-3062
Ohio	(270) 298-3663
Union	(270) 389-1230
Webster	(270) 639-9315

# Physical Activity

---



## What are the benefits of regular physical activity?

By regular physical activity, it is meant 30 minutes of moderate physical activity for five days a week or 30 minutes of vigorous physical activity for three days a week. Current guidelines also include 2 sessions of resistance exercises weekly to promote muscle strength, muscular endurance and flexibility.

## Benefits to Increased Physical Activity

- Makes your heart and circulatory systems stronger
- Strengthens your immune system
- Relieves stress and promotes a positive self-image
- Develops muscular strength and endurance
- Better quality of life

## Age-specific Benefits

### Older adults:

- Muscle strengthening exercises can help reduce the risk of falling and fractures
- The ability to live independently is enhanced by maintaining regular moderate physical activity

### Teenagers:

- Regular physical activity improves strength, builds lean muscle and stronger bones
- These benefits contribute to a positive self-image and aid in the maintenance of normal growth

# Physical Activity - Continued

---

## Parents and Children

- Exercise is a key component in maintaining a healthy weight
- People with high blood pressure, arthritis, and diabetes can benefit from moderate exercise
- Exercise is a great stress reliever and an excellent way for parents and children to build healthy habits <http://www.healthdepartment.org/physactadult.htm>

### **Contact Information**

270-686-7746, ext. 3022

# Preparedness Planning

---

## I. **Origin of Program**

With the terroristic activities that occurred on September 11, 2001 and the subsequent anthrax scares, public health recognized the need to get back in the emergency realm and contribute in the disaster preparedness for communities. Green River District agreed with this philosophy and instituted regional Epidemiologists and Preparedness Planners to coordinate this activity.

## II. **Funding**

Current funding is from the Center for Disease Control and channeled through the Health and Human Services and ultimately through the state –level Preparedness Branch.

AmeriCorps VISTA grant provides assistance in coordination of the Green River District Medical Reserve Corps (GRDMRC).

## III. **Roles & Responsibilities**

1. Coordinate district plans for emergencies and disasters which includes the utilization of the Strategic National Stockpile (SNS), the CHEMPACK and mass prophylaxis is and include in the development of the district's all hazards plans.
2. Collaborate with other agencies within the district to review and assists in their emergency planning efforts.
3. Provide leadership and direction for the Region 3 Emergency Preparedness Partnership (R3EPP) in developing a comprehensive plan for health care delivery in disasters, emergencies and ultimately up to and including pandemics for the seven county region.

## Preparedness Planning – Continued

---

4. Coordinate development and training of a volunteer cadre of citizens who could help provide support during the need for mass prophylaxis or other significant health care emergency. This cadre of citizens is the Medical Reserve Corps. This group serves all health interests and not just solely those for public health for all of the counties within the district.
5. Work with the state on a task force to further establish MRC's in the response structure for communities.
6. Coordinate response activity with adjacent counties and collaborate with Western Kentucky planners.
7. Serve as the representative for the western portion of the Commonwealth, at the state level, for pandemic planning.
8. Organize Health Alert Network (HAN) for the district and other community partners.
9. Provide community education on preparedness measures.
10. Participate in community-wide events to promote preparedness and education.

#### IV. **Types of Services Provided**

- \*community education programs
- \*participation in health and safety fairs.
- \*review of agency's emergency plans
- \*NIMS classes and education
  - \*specific educational programs designed for agency's request

#### V. **Contact Information**

(270) 686-7747

# School Health

---

## **I. Origin of Program**

Pilot demonstration projects which put health department nurses in school health sites have operated in selected county health centers in Kentucky for several years. These were found to be highly successful in addressing the health needs and issues of pre-adolescent and adolescent children. In 1992-93, the Green River District Health Department implemented an Adolescent Primary Health Care project, as well as two elementary on-site school based clinics. Today we have 38 sites located in Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster Counties.

## **II. Funding**

The State Division of Maternal and Child Health, Kentucky Medical Assistance Program, Hager Foundation, and the United Way initially funded the school health clinics. Today our school health sites continue to be funded by the Kentucky Medical Assistance Program and the individual school systems.

## **III. Personnel Status**

Director of Nursing, Nurse Administrator, Nurse Supervisors, Support Services Associates, Registered Nurses, and Clinical Assistants

## **IV. Types of Services**

Preventative Well Child Exams, School Physicals, Immunizations, Health and Nutrition Counseling.

School Required Assessments: Vision, Hearing, and Scoliosis

Problem Visits: Injury and Illness Assessments

# Social Services

---

## I. **Origin of Program**

Social Services have been a component of the Green River District Health Department since 1975.

## II. **Personnel Status**

This program is staffed by one full-time social worker who services the seven counties.

## III. **Funding**

Social Services do not have a separate funding source or budget. Money for services is incorporated into the general Health Department budget.

## IV. **Program Description**

At the Green River District Health Department, a social worker provides services to individuals/families who utilize the general clinic. Referrals may also be received from other programs within the health department. The social worker provides education and information on health department services and programs and refers to resources in the community. Clients may be assisted while in the clinic or during home visits.

A health department social worker can assume many roles during any given day. As the needs of the patient change, so do the functions of the social worker. The social worker will assist families/individuals in identifying situations where they may want to address goal setting or making healthy choices for themselves and their children.

The social worker's duties can include, but are not limited to the following:

- 1- Provide linkage to area agencies for:
  - Medical Card
  - Housing Transportation
  - Job Training/Education
  - Clothing/emergency food
  - Domestic Violence
  - Depression/Suicide
  - Grief/SIDS Education
- 2- The social worker provides information on birth control options and can assist eligible clients in applying for funding of tubal ligations/vasectomies.
- 3- Educating patients on positive/negative pregnancy test results and referring the patient to a local physician for prenatal care.
- 4- The social worker will follow up on patients that have not returned for clinic appointments but need to seek urgent care for abnormal test results.

For more information contact your local health center:

# Tobacco Control

---

The Tobacco Control & Prevention Program was developed by the Green River District Health Department in 1998 through a grant awarded by the Centers for Disease Control & Prevention (CDC) in an effort to decrease the health-related burdens associated with tobacco use and dependence.

## Our Mission

We are committed to reducing the number of deaths and illnesses attributed to tobacco usage by:

**Preventing** Youth tobacco initiation

**Promoting** Nicotine Cessation Programs

**Eliminating** Exposure to Environmental Tobacco Smoke (secondhand smoke)

**Building** Capacity for the implementation of tobacco control policies that help at-risk populations

- A) The formulation of the **Tobacco Control Coalition for the Green River District** was implemented through the Kentucky Department of Public Health's Tobacco Control Program of the Green River District Health Department. Input and cooperation from interested businesses and agencies was utilized to provide community support and direction. Annually, a planning retreat is held to examine the burden of tobacco usage and develop an action plan to address needs across the Green River District service area.
- B) Ensuring that smoking cessation classes for youth (Tobacco Education Group "**TEG**" & Tobacco Awareness Program "**TAP**" ) are offered in school systems and subsequently in the judicial court system for minors caught with possession of tobacco products.
- C) Providing facilitators for adult smoking cessation programs (**Cooper Clayton Method to Stop Smoking Cessation Classes**) through collaborative efforts with local health systems, physicians and various community agencies/partners.
- D) Serving as an ongoing community resource for tobacco education and/or tobacco education materials. Some examples of specific activities are:
  - Science-based school curriculums
  - TEG (Tobacco Education Group)
  - TAP (Tobacco Awareness Program)
  - *Get Health Kentucky's* "No Spit" All-Stars
  - Conduct tobacco awareness campaigns through newspaper articles/ads, billboards, radio announcements, television coverage, and community presentations
  - Coordinate and/or present tobacco educational programs for health professionals and the general public.

## Tobacco Control – Continued

---

- Contact local, state, and federal political and governmental leaders to educate them regarding tobacco related concerns in our district.
  - Collaborate with other agencies to encourage funding for low income individuals requiring payment assistance for smoking cessation aids (such as nicotine patches, nicotine gum, and/or oral medication)
  - Provide training for school staff and peer mentors to present tobacco prevention and/or cessation initiatives directed toward children and teens
  - Bi-monthly Tobacco Control Newsletter
  - Work with the state Department of Public Health and local health departments to provide local input into lessening the burden of tobacco related disease upon minorities and women.
- E. Promote policies and activities to decrease exposure to secondhand smoke
- Serving as health advocates and educators during community wide smoke-free environment campaigns and providing support and services needed during the passing of community clean indoor air laws/policies.
  - **(Smoke-Free Ordinances currently in the Green River District-Owensboro/Daviess County, 2005 & City of Henderson, KY, 2006)**
- F. Promoting Smoke-Free Workplaces and other public facilities. Some examples of specific activities are:
- **Great American Smoke Out** – conducting media campaigns (radio & print) to promote smoke-free dining and the dangers of exposure to secondhand smoke.
  - **Kick Butts Day** – assist in the implementation of activities at surrounding county middle and high schools through technical support, providing educational materials and giveaways to interested staff and students.
- G. Applying for additional funding at the local, state and national level through the writing and submitting of grants.

### Honors & Recognition

**Gold Star Award**, presented by The American Lung Association of Kentucky – 2005  
**Civic Organizations Wellness Hall of Fame Award**, Daviess County Medical Society & Healthy Horizons Steering Committee - 2005  
**Get Healthy Kentucky Recognition Plaque**, presented by Gov. Ernie Fletcher – 2007

### Contacts

Web Address : <http://www.healthdepartment.org/tobacco> - Phone (270) 686-7747

**Kentucky's Tobacco Quit Line, 1-800 Quit Now**

## **Tuberculosis (TB)**

---

The Tuberculosis Control Program identifies persons at high risk for infection and disease and treats accordingly. The Health Department follows guidelines set by the Center for Disease Control, American Lung Association, and the Southeastern National Tuberculosis Center.

Our program is funded by federal, state and local tax dollars.

Services Provided:

- Targeted Testing of at risk populations
- Surveillance and investigation
- Treatment of latent TB infection
- Treatment of TB Disease
- Policy and Planning
- Community networking and educational outreach

For more information on Tuberculosis or to arrange an in-service, please contact the TB Program Manager at the Green River District Health Department office at 1501 Breckenridge Street, Owensboro KY 42301. Phone: (270) 686-7747.

## Vital Records

---

Procedures to obtain Birth and death certificates, as well as burial and disinterment permits are available at all health centers in the Green River District.

Contact your local health center:

Daviess:	(270) 686-7744
Hancock:	(270) 927-8803
Henderson:	(270) 826-3951
McLean:	(270) 273-3062
Ohio:	(270) 298-3663
Union	(270) 389-1230
Webster	(270) 639-9315

## WIC (Women, Infants & Children Supplemental Food Program)



Research shows that good nutrition during early childhood decreases the chance of anemia, reduces health care costs, and enhances memory development and a child’s ability to learn. Poor nutrition during the first five years of life will affect that person for the rest of their life.

WIC (Women, Infants & Children Supplemental Food Program) is a nutrition program that helps pregnant, postpartum and breastfeeding women, infants from birth to age 1, and children to age 5 eat well, stay healthy, and learn about nutrition. Nutrition education and counseling, nutritious foods, and help accessing other health care services during important times of growth and development are provided. Food vouchers are redeemable at approved groceries and pharmacies throughout the Green River District.

To be eligible for WIC services, clients must be at nutritional risk and have an income that is at or below 185% of poverty, or receive or be Medicaid eligible, or receive food stamps.

Research shows that good nutrition during early childhood decreases the chance of anemia, reduces health care costs, and enhances memory development and a child’s ability to learn. Poor nutrition during the first five years of life will affect that person for the rest of their life. WIC (Women, Infants & Children Supplemental Food Program) is a nutrition program that helps pregnant, postpartum and breastfeeding women, infants from birth to age 1, and children to age 5 eat well, stay healthy, and learn about nutrition. Nutrition education and counseling, nutritious foods, and help accessing other health care services during important times of growth and development are provided. Food vouchers are redeemable at approved groceries and pharmacies throughout the Green River District.

To be eligible for WIC services, clients must be at nutritional risk and have an income that is at or below 185% of poverty, or receive or be Medicaid eligible, or receive food stamps. For more information on WIC, contact the Nutrition Services Coordinator at (270) 852-5561 or your local health center.

Daviess	(270) 686-7744	Foust Elementary	(270) 683-2193
Hancock	(270) 927-8803	Henderson	(270) 826-3951
McLean	(270) 273-3062	OASIS	(270) 685-2129
Ohio	(270) 298-3663	Providence Elementary	(270) 639-3626
Union	(270) 389-1230	Webster	(270) 639-9315

## **Disclaimer**

---

The Green River District Health Department does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides upon request, reasonable accommodations including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.