

ALLERGIC REACTION PLAN OF CARE
Green River District School Health Program

Student: _____ Date of Birth: _____

Date: _____

School: _____

Physician(s): _____

Brief description of allergy(ies) _____

Procedure steps

1. The parent/guardian is responsible for supplying an Epi-Pen or Epi-Pen Jr. without cost to the school.
2. Assess student for exposure to the allergen and time of exposure.
3. Monitor student for sign of anaphylaxis under direct observation for 30 minutes:
 - a. Sneezing, wheezing, or coughing
 - b. Shortness of breath or tightness of chest; difficulty in or absence of breathing
 - c. Itching, with or without hives, raised red rash in any area of the body
 - d. Difficulty swallowing
 - e. Swelling of eyes, lips, face, tongue, throat or elsewhere
 - f. Hoarseness
 - g. Sweating and anxiety
 - h. Nausea, abdominal pain, vomiting, and diarrhea
 - i. Dizziness and/or fainting
 - j. Involuntary bowel or bladder emptying
 - k. Sense of impending disaster or approaching death
 - l. Rapid or weak pulse
 - m. Skin flushing or extreme paleness
 - n. Burning sensation, especially face or chest
 - o. Blueness around lips, inside lips, eyelids
 - p. Loss of consciousness

4. Immediately give Epi-Pen or Epi-Pen Jr.
5. Call 911
 - a. Epi-Pen only lasts 20-30 minutes
 - b. Paramedics should always be called if Epi-Pen is given
6. Contact parent/guardian or emergency contact

Directions for use of Epi-Pen:

1. Pull off gray cap
2. Place black tip against upper outer thigh
3. Press hard into outer thigh, until it clicks
4. Hold in place 10 seconds, then remove
5. Discard Epi-Pen in sharps container or send with emergency care responder

Special Considerations:

CONTACT INFORMATION

Parent/guardian #1

Name: _____

Address: _____

Telephone: Home: _____ Work: _____ Cell: _____

Parent/guardian #2

Name: _____

Address: _____

Telephone: Home: _____ Work: _____ Cell: _____

SIGNATURES

This health care plan has been reviewed by:

Physician Date

Student's parent/guardian Date

Acknowledged and reviewed by:

School Health Personnel Date

GRCP13