

Medical Management Plan of Care for Chronic Skin Disorders
Green River District School Health Program

Student: _____ Date of Birth: _____

Date: _____ School: _____

Physician(s) _____

Skin Disorders are very common in the school setting and may be the result of various causes. They may be the result of (1) trauma from injury, infectious organisms, temperature extremes, or toxic chemicals; (2) an allergic reaction due to an insect bite or from contact with an individual allergen or irritant; (3) a hereditary condition; or (4) a systemic disease with a skin manifestation. Reactions may differ from child to child as well as the age.

There are many factors that influence the healing process of all wounds. Overall good health, nutrition that is sufficient with protein, calories, and vitamin C, are necessary for the healing process to take place. Adequate intake of water and other fluids is needed to maintain skin hydration. Hydrogen peroxide and povidone-iodine solutions have been found to have only a minimal effectiveness as a disinfectant and may be damaging to healthy cells.

Because of the visibility of skin disorders the student may experience emotional, painful, and physical discomforts. For the students who suffer from chronic skin disorders or disfiguring conditions the psychological effects may be devastating even more than the physical effects.

Problem: Risk of impaired skin integrity.

Goal: Maintain normal skin appearance and integrity.

Action:

1. Student will be able to correctly identify allergens.
2. Student will be able to identify and know the signs and symptoms of secondary symptoms such as:
 - a. Redness
 - b. Increased temperature
 - c. Oozing
 - d. Increased size of the lesion
3. Student will show signs of healing, and lessening of an allergic reaction.
4. Student will maintain good nutrition and adequate hydration.
5. Continue treatment as ordered by physician.

Problem: Treatment Plan

Goal: Compliance of Treatment Plan

Action:

1. Treatment for skin disorders may be topical or systemic
2. Ointments are used topically to avoid additional irritation and reduce the reduction of absorption through broken or inflamed tissue.
3. Avoiding hot or cold application will reduce the stimulus causing area to itch.
4. Tepid or cool application of soaks will be soothing to the skin.
5. Systemic treatment will be corticosteroids and antibiotics. These may be used in conjunction with topical ointments.

Problem: Risk for disturbed body image

Goal: Student will have improved body image (primarily for students with chronic or disfiguring skin conditions).

Action:

1. Student will have a positive perception of general health.
2. Student will be optimistic of his/her treatment plan for the skin disorder.
3. Student will maintain an improved self-image.
4. Student will demonstrate regular school attendance.

CONTACT INFORMATION

Parent/guardian

Name: _____

Address: _____

Telephone: Home: _____ Work: _____ Cell: _____

SIGNATURES

This health care plan has been reviewed by:

Physician Date

Parent/guardian Date

School Nurse Date

